



Gordon Brown Centre
Rotherwick

More than just an outdoor
centre; inspiring children
since 1976

Year 5 Residential

October 2024

Mrs James & Miss Knight

Gordon Brown Centre Residential

Objectives:

Personal Development

- Challenge yourself- aim higher,
- Over come fears and anxieties
- Independence and Organisation

Team Building - Working together

- making new friends

Range of activities we couldn't provide at school

Centre Map



Activities

High ropes course
Abseiling
Boulder climbing
Archery
Zip Line
Raft and shelter building
Trim trail challenge

Evening Activities

Campfire with hot chocolate
Quiz night



Organisation

Gordon Brown Centre staff lead and run all activities
Classes work together on activities - Team Building
2 Bramley adults support each class

Girls sleep in one dorm, boys in another.
Toilets / showers 'within' the dorm
Teacher rooms are next door.

Whole building is just for our school.

PERSONAL SAFETY

Medical needs - a medical form will need to be completed for each child and give permission for administering medication (eg Calpol)

To be returned by 1st October

Food Allergies - medical form / meet with us

→ additional needs / concerns - please meet with us

Year 5 Residential 2024

Leave school at **10:00** on Monday 21st October

→ Come to school as normal (own clothes)

Coach takes children over

→ tour of centre, settled in, lunch

Return by **3pm** on Wednesday 23rd October

→ Collect from the classrooms as normal

Example Timetable

WEDNESDAY	THURSDAY	FRIDAY
Leave Bramley Tour Unpack	BREAKFAST	
	Activity	Activity
LUNCH		
Activity	Activity	Return to Bramley
DINNER		
Evening Activity	Evening Activity	

Example Menu

Menu

Please Note:

All our meat is **Halal**

We cater for food allergies and intolerances (schools are required to inform us in advance what these may be).

Although meals are prepared with care, due to the handling of allergens in our kitchen, we cannot guarantee meals will be allergen free, even after ingredients have been removed on request.

We do not use nuts and/or nut oil in the production of food, however, some of the ingredients/items we use state that they may contain/or are produced in a factory containing nuts. Due to this, we cannot guarantee our site is nut free.

Self-Service Breakfast	Toast with white and brown bread and a variety of spreads A range of cereals and orange juice and water plus tea and coffee for the adults				
	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Beef Burgers	Chicken Sausages	Filled Chicken Roll		
Menu B	Vegetarian Burgers	Vegetarian Sausages	Filled Cheese Roll		
Served with	Potato Wedges Sweetcorn	Mashed Potato, Carrots & Gravy	Crisps & Drink Carton		
Pudding	Chocolate Crunch	Shortbread	Chocolate Biscuit		
Evening Meal	Home-made Herby Tomato Pasta with Salad	Beef or Vegetarian Meatballs with Spaghetti, Tomato Sauce & Cheese			
Pudding	All evening meals are served with either a dessert or fresh fruit				
Bedtime Snack	Hot Chocolate & a biscuit on GBC staff-led activities only				

All dietary needs are well catered for - just let us know and we can work with the centre.

No-one will go hungry, we can always find something for the to eat.

We will never 'force' children to eat - but they will be encouraged.
Hungry children = tired and homesick children

Essentials - Kit list

1 small bag each - must be able to carry it!

- ▶ Warm, casual clothes - please don't buy new
- ▶ Long and short sleeve t-shirts, jogging bottoms, leggings, etc (*preferably not jeans*)
- ▶ Fleece jumpers / hoodies
- ▶ Waterproof Coat / Suncream & Hat
- ▶ Underwear & Long Socks
- ▶ Nightwear / Towel / Washing kit - no aerosols
- ▶ Lip Salve / Vaseline
- ▶ Torch
- ▶ Slippers

Essentials - Kit list

Named Bin Bag

Water Bottle

Waterproof coat

2 Pairs of shoes (Easy to take on and off)

Sleeping Bag or Duvet,
sheet and pillow - must be packed

A named disposable camera

(if you want to for group activities only).

Please don't bring

Sweets, fizzy drinks, etc → make children feel ill then homesick!

Mobile phones - not allowed

Electronic games - *(Children can bring other forms of entertainment e.g. cards, books, travel games)*

Contact

If there is an emergency or if we have a question or we want to forewarn you of anything - we will call!

If you need to contact us - phone school and they will pass on a message for us to phone you or phone the Gordon Brown Centre.

Costs

Total - £174 + £12.55 transport

Deposit: £45 due by 1st July (along with completed reply slip)

1st payment: £45 due by 1st August

2nd payment: £45 due by 1st September

Final payment: £39 due by 1st October

Travel £12.55 by Friday 18th

Any Questions?